

4.8 Are Your Thoughts Good or Bad ?

6 *Leshyas*

Leshya is spiritual –mental-colourisation. Jain scriptures state that Bondage and Liberation mainly depend on mental state. Mental stages are never uniform. They go on changing. They change to following different patterns :

1. Intensely black that is highly defiled, excessively evil
2. Black that is defiled, evil
3. Grey (brinjal flower) that is less defiled, less evil
4. Yellow (Rising Sun) that is evil-cum good, impure-cum pure
5. Lotus (colour or gold) that is pure, good
6. Luminous white that is best, purest highly luminous

Leshyas are mental stages of transformation when mind comes in contact with different substances, one's mental state changes accordingly. On account of its association with various types of aggregates of atoms, mind undergoes different transformation experiences varied influences. They are called *Leshya*. Mental state assumes the colour of that type of substance in whose vicinity the mind happens to be.

The first 3 colours are intensely black, Black and gray represent evil aspects but in descending order. So, intensely black is worst evil, Black is evil but gray is mildly evil. Likewise no 4,5,6, are represent good aspects and in increasing order. Thus, Yellow is fairly good, Lotus is good but Luminous white is the best.

The good mental state arises an account of the association of mind with good substance is good *Leshya*, and the bad / evil mental state that arises on account of the association of mind with evil substance is evil *Leshya*.

According to good or evil or according to their colour-pattern the 6 *Leshyas* are also known as

1. *Krishna Leshya*
2. *Nil Leshya*
3. *Kapot Leshya*
4. *Pit Leshya / Tejo Leshya*
5. *Padma Leshya and*
6. *Shukla Leshya*

The *Leshyas* have effects or Karma, and good *Leshyas* create good Karma and evil *Leshyas* result in evil karmas.

Leshyas excites passions, but they themselves are not nature of passions.

Leshya is a nature of transformation of activities (*yoga*) and it last so long as activities (*yoga*) last. *Leshya* ceases to exist only in 14th '*Gun Sthanaka*' when all activities cease to exist i.e. death

Again, *Leshya* is of two types – Deavya *Leshya* and Bhav-*Leshya* (material *Leshya* and spiritual *Leshya*)

In the modern scientific experiences it has been found that even though vibrations ensuing from mind have colours. The theory of six *Leshyas* indications different degrees of soul's internal purity or impurity as shown above, shown in Jain scriptures is in conformity with modern scientific beliefs.

Goshalaka had given detailed discipline of 6 *Leshyas* and their psychic colours. It is known from that he had spend 6 years with Lord *Mahavira* as his disciple.